



CYCLING TRIP TO SUNGAI RENGGIT, JOHOR, MALAYSIA

31 July 2010, 7.00am
Sungai Renggit, Johor, Malaysia

REGISTRATION FORM

FAX TO 6533 5700

Attn: Communications

CLOSING DATE: 23 July 2010

NAME : Mr/ Ms/ Mrs	
NAME OF LAW PRACTICE/ORGANISATIONS:	
TEL:	FAX:
EMAIL:	

Meeting Point

Kindly meet at the car park outside the **Changi Point Ferry Terminal**. This is located beside the Changi Point bus terminus, and beside Changi Village hawker centre (the one with the popular nasi lemak stalls etc). This is also the one at ferry terminal where one takes the bumboats to Pulau Ubin. Please **DO NOT** confuse this ferry terminal with Changi Ferry Terminal, which is a different place altogether.

Kindly meet between 6.30 am to 6.45 am, and latest at 7.00 am on Saturday, 31 July 2010. We need to handover the passports to the boat operators for the necessary paperwork, and this will take some time. **The boats leave punctually at 7.00am** once the Immigration checkpoint opens. We have reserved 3 bumboats. For those who wish to ride beyond Sungai Renggit (Sg Renggit) to Desaru will take the first boat as they have a long ride ahead, which means that punctuality will be of the essence for them. If you are late you will miss the boat, literally. For those who drive to the terminal, you have to pay for parking on Saturdays at the car park outside the hawker centre and at the ferry terminal.



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Immigration

There is a proper immigration checkpoint at Changi Point Ferry Terminal as well as at Tanjung Pengelih/ Tg Pengelih (on the Malaysian side). Participants therefore **MUST** bring their passports along.

Bumboats

Each bumboat takes 13 passengers (including the bikes) and **will leave promptly at 7.00 am**. Please be on time so that we can fill our 3 boats and leave the ferry terminal as early as possible. The boats shuttle to and fro Changi Point and Tg Pengelih from between 7.00 am to about 4.00 pm. The fare is **\$9 per passenger, plus \$2 for each bike. (per trip)** Please pay directly to the boatman when disembarking. The last bumboats leave Tg Pengelih (on the Malaysian side) at about 4.00 pm. **We plan to leave Tg Pengelih by 3.00 pm**. For your own safety, refrain from running around the boats or climbing onto the roof. Lifejackets are available, although they need not be worn. The boat journey takes about 45 minutes.

Biking to Sungai Renggit

Once at Tg Pengelih, a short safety briefing will be given. The majority will be riding from the jetty at Tg Pengelih to Sg Renggit for lunch (distance of 20 km one way), and back to the jetty. This will be a leisurely ride. The total distance is about 40 km. The ride should take between 1 to 2 hours at a very leisurely pace including 1 or 2 drink stops at some shops along the way. The road is a fully paved road by the coast with a kampong atmosphere with coconut trees and lots of fresh air.

Once in Sg Renggit, we shall head to a seafood restaurant for lunch. **Please pay for your own meals**. The "hardcores" will proceed beyond Sg Renggit to Desaru, and return to meet us for lunch at Sg Renggit. We shall then all ride the 20 km back from Sg Renggit to Tg Pengelih after lunch, at a much slower pace on account of our full stomachs, aiming to arrive at Tg Pengelih between 2.30 pm to 3.00 pm.

Biking to Desaru

"Hardcore" riders may choose to ride all the way to Desaru and back to Sg Renggit (distance of 80 km) to meet everyone for lunch. The total distance for this route is about 100 km. This will be a challenging ride, with lots of hills to tackle closer to Desaru. This ride will be doable only on road bikes given the time constraints. If you wish to join the "hardcores", you should be comfortable riding at between 30 to 35 km/h over a sustained period of 2 to 3 hours, and have your own road bike.



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Types of Bicycles

As the road we are riding on is fully paved, mountain bikes or road bikes are fine. Foldable bikes, with proper gearing, are also fine. BMX, tandem or kiddie bikes are strongly discouraged. For those attempting the "hardcore" ride to Desaru, only road bikes are allowed. If not, rental of bicycle is available at Changi Point by prior booking through Law Society by on **Tuesday, 27 July 2010 by 5pm.** The bike store does not have helmets for rent.

Rental Bicycles

Rental bicycles (mountain bikes only) are available for those without bicycles. Kindly inform us if you need to rent a bike. **For those renting the bikes, please come to the Ferry Terminal on the morning of the trip at 6.30 am and handover your passport to us or your buddy before you go and collect your bike.** This way the immigration paperwork can be done concurrently while you are collecting your bike.

After handing us your passport, kindly go directly to **Changi Cycling Services located at Blk 4 #01-2056** to collect the rental bikes. This is just beside the Changi Village hawker centre, near the ferry terminal. The store will be open from 6.00 am. Please be on time so that you can try out the bikes and adjust the seat, etc. Please pay for the rental directly to the bike supplier. Rental charges are **\$10 per bike for the whole day.** All bikes are mountain bikes with gears.

Biking Safety

We have a large group, so we have to pay some attention to bicycle safety. The "hardcores" will essentially be on their own, and shoot ahead towards Desaru. This group will be led by experienced road bikers who have been to Desaru before. The rest of us will be riding in a convoy of between 2 to 3 groups. Kindly ride in a single file at all times, and keep a safe distance from the rider in front. There is no safety or support vehicle accompanying us.



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We will standby a first aid kit, and a bike repair kit/spare tubes for minor ailments. For those with personal bikes, kindly ensure that your bikes are tuned and bring along your personal repair kits and spare tubes. This also applies to the "hardcores".

Taxis are available in the event of an emergency. Although helmets are not compulsory, all riders are highly encouraged to wear a helmet. We will be grateful if the experienced riders are able to volunteer to lead the convoys and also to sweep the rear. In case of any emergency or problem, we shall contact each other by mobile phone.

What to bring

1. an appetite for fun and some exercise
2. bicycle, except those who have rented one.
3. valid passport
4. helmet (highly recommended). A bike/rollerblade helmet is fine
5. water bottle/sunscreen/cap/sunglasses etc.
6. comfortable biking clothes / sportswear. Biking tights and dri-fit top are ideal. Running shoes and Teva sandals are appropriate. Flip flops and sundresses are highly discouraged.
7. some Malaysian cash for food and drinks.
8. rain jacket/poncho, in case it rains while riding. The cheap \$1 ponchos from the convenient stores are fine.
9. a small backpack or waist pouch/fanny pack to carry your personal belongings. Messenger bags are also fine. Sling bags or handbags are strongly discouraged as they interfere with riding.

For further queries, please contact Mr Jispal Singh at Jispal@unilegal.com.sg or call 6236 2435 or 9634 7421.